

You Can Do It!!

Return to work/school and breastfeed your baby!

DOOR PRIZES

?? Pump N Style-
Breast pump

?? Baby Sling

?? Breastfeeding Supplies

?? And more

Program Highlights:

?? Why is breastfeeding important for working moms?

?? Tips from real moms working outside the home & breastfeeding

?? Tips for making it work from Lactation Consultants

?? Breast Pump demonstrations

?? Nursing fashions and sling demonstrations

Saturday January 31 2009

9:00-11:30 a.m.
Light Breakfast to be served

Milkworks
5930 S 58th
Suite W

Please RSVP to
423-6402

Saturday April 18, 2009

9:00-11:30 a.m.
Light Breakfast to be served

**Medical Plaza Bryan LGH
East**

Conference Room B
1600 S 48th

Please RSVP to
481-3328

Saturday Sept 12, 2009

9:00-11:30 a.m.
Light Breakfast to be served

**St Elizabeth Health
Resources**

Rooms A&B
6850 L St.

Please RSVP to Telephone Line
to Care
219-7000

Co-Sponsored by Medela and Breastfeeding Healthy Kids 2010
Workshop is free to attendants!